

# OUR MENU



BACK'S

  
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## OUR STORY

As a third-generation family owner of Fairview, Charles Back II -- grandson of a butcher and son of a winemaker -- has continued the family legacy to nurture the land. Adding 'cheese maker' to the family repertoire, today the Back family really are a collection of butchers, bakers, wine and cheese makers!

We strive to use as much produce from family farms or artisans in the surrounding areas as possible to serve fresh and local every chance we get. Now in conjunction with the Pearl Valley Hotel by Mantis we are excited to share our carefully curated Restaurant and Deli experience with the hotel guests and the residents of Pearl Valley Golf Estate and Spa.

### BACK'S GOAL IS SIMPLE

*"we bring you the best, ethically farmed and hand-selected produce.  
It just tastes better."*

**PLEASE NOTE THAT WE ARE CASHLESS.**



# BEVERAGES

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## COFFEE

A great cup of coffee goes like this: excellent local purveyors, a trip around the world to find the best beans, skilled baristas.

Espresso	R20
Americano	R22
Cappucino	R26
Large cappuccino	R32
Flat white	R28
Cortado	R28
Café latte	R28
Ice latte	R32
Hot chocolate	R30
Red cappuccino	R30
Red latte	R30

## HOT CHOCOLATE

Dark Chocolate and Kalahari Salt	R30
Luxury Chai Chocolate	R30

## FINE TEAS

Organic Rooibos   Organic Green Rooibos   Pinotage Rooibos   Cape Green Earl Grey   Black Breakfast	R25
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## MILK ALTERNATIVES

Soy Milk R8 | Oat Milk R10 | Almond Milk R12

### TEA BREWING GUIDE

2 min	5 min	8 min
Subtle complex flavours	Medium strength	Full flavours






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## SOFT DRINKS

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Coke   Coke Zero   Cream Soda   Sprite Zero   Fanta Orange	R22
Grapetizer   Appletizer	R28
BOS ice tea (lemon, peach)	R30
Fruit Juice: mango   apple   orange	R22
Kombucha: rooibos   buchu   rose	R50
0% Heineken   Savanna Lemon	R34
Hey Joe Wit IPA	R45
Water	Small 440ml R24   Large 750ml R34

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## FRESH COLD PRESSED JUICES

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<b>CUCUMBER DETOX</b>	R45
Cucumber, celery, green apple	
<b>BEETROOT POWER</b>	R45
Beetroot, carrot, orange, ginger	
<b>TURMERIC TONIC</b>	R45
Ginger, turmeric root, lime, honey	
<b>CARROT IMMUNE BOOST</b>	R45
Carrot, orange, ginger	

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## SMOOTHIES

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Made fresh with your choice of: Fairview Yoghurt, Almond Milk or Oat Milk

<b>SUMMER DELIGHT</b>	Medium R39
Pineapple, coconut cream, honey and mint.	Large R49
<b>BERRY BLAST</b>	Medium R39
Mixed berries and banana.	Large R49



# BREAKFAST

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Served until 11.30

## YOGHURT BOWL (V)

R65

Our popular full-cream, natural yoghurt served with almond and cashew granola, fresh seasonal fruit and drizzled honey.

## AVO ON TOAST (V)

R85

Toasted sourdough with Fairview cream cheese or with vegan cheese, fresh avocado and balsamic roasted cherry tomatoes.

## BACK'S OMELETTE

R79

3 Free-range eggs omelette filled with smoked Norwegian salmon, Fairview cream cheese, chives and topped with capers.

## ROSTI BENEDICT

2 Free-range poached eggs served on crispy potato rostis and drizzled with our homemade hollandaise sauce.

Back's free-range bacon

R78

Smoked Norwegian salmon

R95

Seasonal vegetables

R80

Vegan

R80

seasonal veggies and avo instead of eggs and hollandaise

## ROOSTER'S CALL

R90

Back's free-range boerewors, 2 free-range scrambled eggs, crispy bacon and oven-roasted cherry tomatoes served with 2 slices of freshly-baked toast, butter and jam.

## CROISSANT BENEDICT

R99

Fresh butter croissant served with homemade hollandaise sauce, gypsy ham, and a free-range poached egg.



# SALADS & SANDWICHES

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Served from 11.30

## SALADS

### BACK'S SALAD (V)

R 98

Fairview feta cheese, oven-roasted vegetables, popped pumpkin seeds, marinated artichoke and Fairview Chenin Blanc citrus dressing.

- Replace feta with vegan cheese

- Add free-range chicken

R 35

### CHICKEN CAESAR

R95

Crispy bacon, pecorino cheese, cos lettuce and creamy Caesar dressing and topped with a free-range poached egg. This can be made as a salad.

### CALAMARI & CHORIZO

R110

Succulent baby calamari tubes dusted with spices and served with grilled chorizo, cherry tomatoes, olives, cucumber ribbons, and drizzled with a smoked paprika dressing.

## SANDWICHES

Served on your choice of: Ciabatta | Seed Loaf | Sourdough | 60% Rye

### AVO ON TOAST (V)

R85

Fresh avocado glazed with balsamic reduction, roasted cherry tomatoes and cream cheese. Substitute cream cheese for vegan cheese.

### NEW YORK PASTRAMI

R 85

Slices of Back's pastrami, Fairview mature cheddar, cucumber pickle and home-made sweet mustard.

### SLOW COOKED LAMB

R115

Free-range lamb with chermoula (herbs & spices paste), chopped cabbage, fresh tomatoes and sesame seeds.

# BISTRO MAINS

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## BEETCRUST PIZZA

R110

Roasted beetroot and flour based dough with rocket pesto, a variety of Fairview cheeses topped with a fresh seasonal salad, mix nuts and balsamic reduction.

Avo R18 | Free-range chicken R 35 | Norwegian smoked salmon R45

## HAKE AND CHIPS

R125

Freshly caught hake encased in a special CBC beer batter. Served with home-made tartar sauce, hand-cut triple-fried potato chips or a side salad.

## CREAMY SEAFOOD RISOTTO

R140

Served with pan fried prawns, mussels and calamari with a fresh cream and pecorino sauce. Topped with Café de Paris butter, sweet chilli and lime cream cheese.

## CHICKEN BURGER

R115

Crumbed free-range breast fillet, mature cheddar, free-range bacon, creamy guacamole and home-made aioli. Served with your choice of side salad, hand-cut triple fried-potato chips or cheesy polenta chips.

## BACON & BRIE BURGER

R128

Our own free-range beef patty stacked with bacon, Fairview brie, crispy onion rings, and sweet mustard. Served with your choice of side salad, hand-cut triple fried-potato chips or cheesy polenta chips.

## PAPPARDELLE PASTA NAPOLETANA

R140

Wide ribbon pasta served with spicy Grilled Fairview chorizo, cherry tomatoes, homemade tomato sauce and topped with pecorino cheese.

## CHICKEN & BACON ROULADE

R155

*Free-range chicken breast, stuffed with cream cheese and spinach, wrapped in bacon served with Lyonnaise potatoes and a Fairview Boland blue cheese sauce.*

## RUMP STEAK

R185

300g steak served with potato gratin, wilted baby spinach, crispy onion rings and creamy mushroom sauce.



# SNACKS & PLATTERS

Served from 11.30

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## OLIVES

R38

marinated in garlic, rosemary and fresh oranges.

## POLENTA CHIPS

R40

Made with matured cheddar, pecorino and rosemary.

## BITTERBALLEN

R75

Home-made slow-cooked beef croquette served with a honey, wholegrain mustard aioli.

## CHERMOULA HUMMUS

R50

served with crackers

## FAIRVIEW CLASSIC CHEESE PLATTER (V)

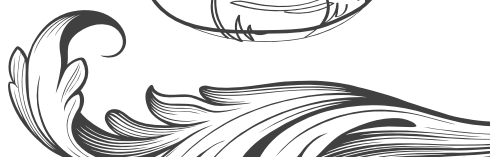
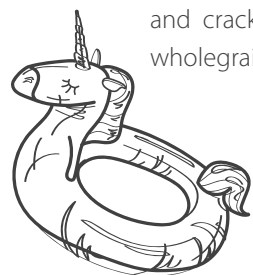
R150

Selection of 4 cheeses with fresh bread and crackers, home-made pickled cucumber, butternut chutney and chilli jam and hummus.

## MIX CHEESE AND CURED MEAT PLATTER

R170

Selection of 2 cured meats and 3 Fairview cheeses. Served with fresh bread and crackers, home-made pickled cucumber and butternut chutney and wholegrain mustard.



# DESSERTS

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## CHOCOLATE FONDANT

R65

Chocolate fondant with berry coulis and vanilla ice cream R65

## ESPRESSO CREME BRULEE

R50

## CAKE OF THE DAY

R55

A selection of Freshly Home Baked Cakes are available, please ask your waiter for today's options.





BACK'S



THANK YOU - DANKIE - MERCI